

# Tierra Miguel Foundation CSA News

## *July 2, 6, and 7, 2010*

### Upcoming Events

#### [Open House](#)

Saturday, July 3, 2010

Tierra Miguel Foundation offers an open house the first Saturday of every month, rain or shine, from 9am to 1pm.

Dear CSA members,

I hope you've been enjoying the delicious squash! While we have been delivering summer squash on all of our drop off days, sometimes cucumbers go to the Tuesday run in San Diego and perhaps radishes in LA on Fridays and so on. I have been editing the newsletter three times a week. You may notice that the date at the top of this edition is different from past weeks. I am going to start writing the newsletter only once a week. The CSA Box Contents listed below include most of the items that might be in your box. Please understand that our packing changes day to day and this list may not perfectly reflect your box.

As for all that squash, the small yellow ones are a hybrid called Soleil. The large pale green ones with the stripes are an Italian heirloom called Costata Romanesca. The dark green are zucchini.

Coming soon in the box is basil, tomatoes, and beans. Okra and peppers will be available later, and we'll try to squeeze in our stone fruit as well. Thanks for all your support.

REMEMBER: If you refer a friend to our CSA and they invest in a 10 week membership, you get a box added to your credit with us. Spread the word and help our CSA grow!

Shoshana  
CSA Coordinator

## **CSA Box Contents**

**Carrots**  
**Strawberries**  
**Squash**  
**Chard**  
**Parsnips**  
**Parsley/Oregano**  
**Rosemary**  
**Cucumber/Radishes**

