

The Two-Way Gift

This holiday season, give yourself or your friends the gift of a healthier diet—and support local farmers. **CSA (community-sponsored agriculture)** subscribers buy a share of a farm's crop. The farmer gets help with expenses, and the shareholders get a box of fresh, organically grown produce that they pick up at a specified location and time. Here are three SoCal organic farms that offer CSA programs.



J.R. Organics (pictured)

Pickup locations in downtown L.A., Mar Vista, and Santa Monica
(714) 235-3219

jrorganicsfarm.com

Fourth-generation farmer Joe Rodriguez Jr. offers his subscribers not just heirloom tomatoes, but also heirloom beets, turnips, and radishes, along with a large selection of greens, including chard and kale. He also sells shares of cut flowers.

Tanaka Farms

Several pickup locations throughout the L.A. County
(949) 653-2100

tanakafarms.com

This Irvine farm, known for its strawberry and watermelon tours for kids, typically packs its boxes with lettuce, cabbage, squash, carrots, bananas, melons, and a variety of green veggies. Subscribers pick up their crates at schools, after the kids have been let out for the day.

Tierra Miguel Farm

Several pickup locations throughout the region
(760) 742-4213

tierramiguelfarm.org

Winter offerings include basil, collard greens, spinach, and a variety of hard squashes, including pumpkins. Tierra Miguel is also visitor-friendly; it sponsors a monthly open house and educational programs for all ages.

—Vincent Nicholas Rossi

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